



# Invitation



WHERE INGENUITY MEETS INSPIRATION

# Expression

2024

AN INTER COLLEGE LITERARY & CULTURAL FESTIVAL

4th November - 6th November 2024



Estd. : 1885

**St. Francis' College**  
Lucknow





Estd. 1885

**Expression**, an Annual Inter-College Literary and Cultural Festival, is now an almost two decade old tradition in excellence and innovation, transcending the mundane and touching the Ideal.

It is an attempt to showcase the best student talent from the most prestigious institutions of the city under one roof. This three day extravaganza is a continuing endeavour on the part of St. Francis' College to bring together students from classes IX to XII in a spirit of healthy competition-vying for laurels in various conventional and novel contests, strengthening our 139 year old tradition to further the cause of nurturing inherent student talent making it the unique, defining quality of **EXPRESSION**. We hope that with the participation of your institution we can successfully achieve the aforementioned goal.

**Rev. Fr. Rajesh V. D'Souza**  
*Principal*

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ST. FRANCIS' COLLEGE, SHAHNAJAF ROAD, LUCKNOW.



## **SCHEDULE**

### **Day 1 (Monday, 4th November, 2024)**

8:00 am	:	Registration of Teams
8:30 am	:	Inauguration
9:00 am	:	English Debate
10:15 am	:	Best-out-of-Waste
10:30 am	:	Poetry Writing (English)
12:00 noon	:	Elomime
12:00 noon	:	Quiz (Written Preliminary Round)
4:00 pm	:	Indian Music



## **SCHEDULE**

### **Day 2 (Tuesday, 5th November, 2024)**

- 8:30 am : Registration of Teams
- 9:00 am : Monoacting
- 9:15 am : Poetry Writing (Hindi)
- 9:15 am : Quiz
- 9:15 am : Flower Arrangement
- 10:45 am : Expression
- 11:30 am : Collage Making
- 4:00 pm : Western Music



## **SCHEDULE**

### **Day 3 (Wednesday, 6th November, 2024)**

- 8:00 am : Registration of Teams
- 9:00 am : Hindi Debate
- 9:30 am : Talent Cocktail
- 9:15 am : Face Painting
- 10:30 am : Innovation
- 4:00 pm : Choreography



## **GUIDELINES**

- i) Kindly **CONFIRM** the participation of your institution by **10th of October, 2024**, via E-mail or letter. Specific details should reach St. Francis' College by **19th of October, 2024**.
- ii) There is only **ONE group** for all competitions open to students of classes IX to XII only.
- iii) Each team is to be **accompanied by at least ONE teacher** from the institution during each session.
- iv) For **the Inauguration Ceremony**, the College Captain/Head Boy/Girl of the institution **should be present with the college flag**.
- v) Each Institution shall be provided with a **TEAM CODE** which shall be used for/by them to eliminate any 'perceived bias'. All **registration formalities** are to be completed by the team leader on all three days in the morning itself according to the schedule of the day.
- vi) **Many competitions are held simultaneously, so kindly check the schedule to ensure proper participation.**
- vii) An Institution can send a **CHEERING TEAM** of not more than **10 students in proper school uniform**.
- viii) **Refreshments** shall be served to the **participants only** on all three days, during both morning and evening sessions.
- ix) For any queries/clarification kindly contact the College Coordinator, **Mr. D. Jackson** at **0522-2623712 (Extn :29)/8858079997(Extn :29) only between 11:00 am and 12:30 pm OR e-mail – [expressionsfclko@gmail.com](mailto:expressionsfclko@gmail.com)**
- x) **Prizes & certificates shall be awarded each day** at the end of the **morning and evening sessions** for the winners of events held that particular day.

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## DEBATE

**Topic for English & Hindi Debate:** Shall be given an hour prior to the commencement of the debate.

**Rules** (Common for English & Hindi Debate)

- i) Two participants per institution, one speaking **FOR** the motion and the other speaking **AGAINST** the motion.
- ii) Maximum time allowed: **2 + ½ minutes.**
- iii) **1 minute for Refutation** at the end of the speech.
- iv) Refutation is open **ONLY** to the participants of the debate contest.
- v) “Best Speaker” **FOR** the motion & **AGAINST** the motion and the best team shall be adjudged by a panel of three judges.
- vi) ***Only Institutions participating in ALL competitions are eligible for the Debate Competitions. FIRST TEN entries (received by October 19) amongst those shall be considered for participation in this event.***





### **MONOACTING**

- i) **One** participant per team.
- ii) Each participant shall be given **2 minutes** to perform his/ her prepared act in Hindi or English, thereafter 1 minute to perform on a situation/ topic given to the participant on the spot.
- iii) The Final positions /Prizes shall be adjudged by a panel of three judges taking into consideration both performances.

### **EXPRESSION**

- i) The objective of this event is to give the participants the freedom to express any kind of talent without being constrained by conventional rules.
- ii) **Two** participants per Institution. (Performances to be individual and separate)
- iii) Time allotted: **2 minutes** on stage for each participant.
- iv) Participants are free to showcase any skill/talent within the time limit.
- v) Each participant shall specify what they intend to perform at the time of registration on Day 2. (E.g., singing, acting, dancing, etc.)
- vi) A panel of three judges shall adjudge three prize winners.





### **COLLAGE MAKING**

- i) **Two** participants per team.
- ii) Topic/Theme shall be given at the time of Registration on Day 2.
- iii) Participants are supposed to bring their own magazines, glue etc. **ONLY CHART PAPER** will be provided.
- iv) Collage can be 2D or 3D but **no pre-prepared materials are allowed.**
- v) **1 Hour** will be given for the completion of the collage.

### **POETRY WRITING (ENGLISH/HINDI)**

- i) **One** participant per institution.
- ii) Topic shall be given on the spot.
- iii) Poem to have a minimum of 14 lines.
- iii) Time allotted: **1 hour.**



### **ELOMIME**

- i) **Ten** participants per team/One team per institution.
- ii) Time limit: **3 + 1 minutes**.
- iii) Teams to have **5 participants Elocuting** and **5 participants enacting** the piece simultaneously.
- iv) Costumes and Props to be arranged by the participating teams if so desired.

### **QUIZ**

- i) **Two** participants per team.
- ii) A preliminary (written) round shall be conducted to select the top **FIVE** teams for the final round.
- iii) The final round shall include rounds like multiple choice questions, Indian History, Science Literature etc. and a rapid-fire round.
- iv) All sub-rounds in the finals shall be conducted with the aid of Microsoft Power Point (except for the rapid fire round).



### **FLOWER ARRANGEMENT & FACE PAINTING**

- i) **Two** participants per team.
- ii) Theme/Topic to be decided by the participating team.
- iii) Participants to bring their own materials.
- iv) Strips of chart paper will be provided to the teams to write an appropriate title for their respective arrangements for Flower Arrangement event.
- v) Time limit: **1½ hours**.

### **BEST - OUT - OF - WASTE**

- i) **Two** participants per team.
- ii) Theme to be chosen by the participating teams.
- iii) No restriction on the use of materials (preferably waste and discarded materials like rags, broken glass, bottles, paper, wood, clay etc.) except for pre-prepared models.
- iv) Participants to make a cohesive model with an appropriate title using paper, glue, needle and thread, paints and dyes for innovative augmentation.
- v) Time limit: **1½ hour**.



### **TALENT COCKTAIL**

- i) **One** participant per institution.
- ii) The Event comprises of **FIVE rounds**:
  - a) **Turncoat:** (Extemporary Speaking: **1 minute** FOR a topic & 1 minute AGAINST the same.)
  - b) **Monoacting:** (Topic to be provided on the spot) Time: **2 minutes**.
  - c) **Singing:** (On a given word or a situation) Time: **1 minute**.
  - d) **Drawing:** (On a given topic) Time: **1 minute**.
  - e) **Quiz:** 5 questions to be answered within **1 minute**.





## INNOVATION

- i) This event is based on the concept of Product Marketing.
- ii) Specific items/topics shall be allotted to the teams on the **FIRST DAY ITSELF** at the time of initial registration.
- iii) The teams are free to advertise their products through posters, handbills etc. on the first and second day.  
ALL ADVERTISEMENT MATERIAL TO BE HANDMADE.
- iv) Each team shall be given **5 minutes** to advertise their product on stage.
- v) Each team shall be given **2 additional minutes** to present a **JINGLE** followed immediately by their stage performance.
- vi) A maximum number of **eight participants** shall be allowed for both the stage performance and the jingle.
- vii) Teams shall be marked for a maximum of 20 points for their overall marketing strategies and 30 points for their stage performance and jingle.



### **MUSIC ( WESTERN & INDIAN)**

**i) Solo Singing:**

- a) ONE participant per institution.
- b) Maximum performance time: 3 minutes per participant.
- c) Only TWO accompanists / TWO instruments allowed. (Exclusive of singers).

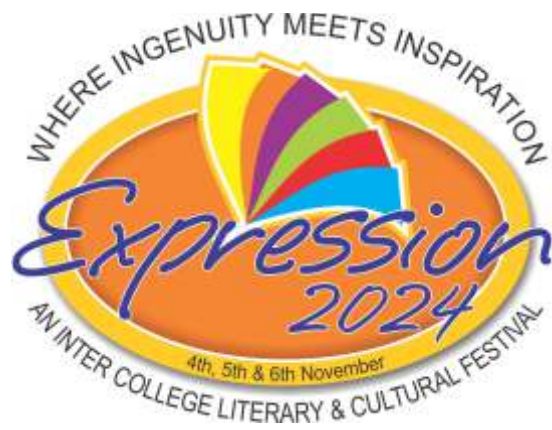
**ii) Group Singing:**

- a) Five participants per institution.
- b) Maximum performance time: 4 minutes.
- c) Only TWO accompanists allowed. (Exclusive of singers)



## CHOREOGRAPHY

- i) **Eight** participants per team.
- ii) Performance on any **ONE** of the following themes:
  - a) **Amor vincit omnia**
  - b) **Autumn vs. Spring**
- iii) Teams should arrange for their own props if required.
- iv) Adequate light effects and sound system will be provided.
- v) Time allotted: **8 minutes**



ST. FRANCIS' COLLEGE  
SHAHAJAF ROAD, LUCKNOW,  
UTTAR PRADESH - 226001.

E-mail : [expressionsfclko@gmail.com](mailto:expressionsfclko@gmail.com)



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